

口腔粘膜炎の疼痛コントロールの実際 （経口摂取支援）

外来通院のがん患者が連携歯科を受診する可能性は、少なからずあるので覚えておく



**S1単独治療による粘膜炎
グレード3**

シスプラチンの白金系抗がん剤使用時はアセトアミノフェン選択を推奨

①食事前20～30分前

ポントールシロップ
10ml またはロキソ
ニン1錠

②食事直前

ハチアズレ5包、
グリセリン60ml、
4%キシロカイン 5ml
または10ml
（500mlの水で溶解し
ぶくぶく含嗽）

浅井班多施設共同臨床試験

シスプラチンを主とした頭頸部がん放射線化学療法
101例 （国がん東中心の前向き多施設研究）

- ・ モルヒネ使用率 83%
- ・ 1日モルヒネ使用量中央値 35mg (0-150mg)
- ・ 放射線治療完遂割合 99%
- ・ 休止割合 13% (95%CI: 7-21%)
- ・ 放射線治療終了後1ヶ月のモルヒネ使用率 33%

静岡がんセンター頭頸部がん化学放射線療法では、放射線治療完遂率85%
（後ろ向きパイロット研究）

Zenda S, et al.: Multicenter phase II study of an opioid-based pain control program for head and neck cancer patients receiving chemoradiotherapy. Radiotherapy and Oncology, Volume 101, Issue 3, December 2011, Pages 410-414

Zenda S, Onozawa Y, et al.: Feasibility study of single agent Cisplatin and concurrent radiotherapy in Japanese patients with squamous cell carcinoma of the head and neck: preliminary results. Jpn J Clin Oncol. 2007 Oct;37(10):725-9.



XyloSweet®

All Natural Xylitol Sweetener

Ingredients: 100% pure xylitol - No fillers, flow agents or other additives.

What is Xylitol?

Xylitol is a natural sweetener derived from the fibrous parts of plants. Similar in taste to regular sugar, but with a significant difference-xylitol has a low glycemic index and is low in calories. Additionally, xylitol has a natural cooling and moisturizing effect. The xylitol molecule contains only 5 carbon atoms rather than the 6 of most other sugars. This molecular difference is the key to xylitol's beneficial qualities.

A delicious, low-calorie sweetener.

XyloSweet® has all the sweetness of common sugars, yet has 40% fewer calories. XyloSweet is an ideal alternative sweetener in foods prepared for weight loss or for anyone concerned about the overuse of sugar in their diet.* But XyloSweet's low calorie sweetening characteristics are only the beginning of its nutritional story.

Low Glycemic Index:

XyloSweet can be substituted for most common sweeteners without compromising taste or texture. Unlike so many other sugar alternatives, XyloSweet does not have any after-taste and XyloSweet is metabolized without insulin, so it creates a significantly lower glycemic effect when eaten. Regular sugar has a glycemic index score of 85 to 100 compared to XyloSweet's glycemic index of only 7. This is great news for anyone who has to control their sugar consumption and choose foods low in glycemic effects.

Health Benefits:

Xylitol has been studied extensively and has shown some unique health benefits. Additionally, xylitol has natural cooling, moisturizing and other health promoting effects. This has led to the addition of xylitol in dental and health-care products like the Spry Dental Defense System® and Xlear® Nasal Spray. Talk to your dentist or dental professional for more information on the benefits of XyloSweet.

名称	食品添加物(甘味料)
原材料名	キシリトール(100%)
内容量	100包(1包4g)
賞味期限	この面の下部に記載
原産国名	アメリカ
輸入者	石川県白山市鹿島町1-9-1 株式会社歯愛メディカル

XyloSweet is heat stable for cooking and baking. XyloSweet be used in gradually substituted for common sugar. a good choice for hard candies since it will not melt in your mouth. XyloSweet is used in instant beverages that require sweetener.

Xylitol usage is endorsed by the following Dental Associations: Finnish, Swedish, Norwegian, British, Irish and Estonian.



A product of Xlear Inc., American Fork, UT 84003 USA To reorder call: 1-877-599-5327 or visit: www.xlear.com



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XYSP Rev 4



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外箱
内袋

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